

Ayurveda Insight in collaboration with Fresno State\* invites you  
To  
“Healing the Whole Person: Wellness and Ayurveda”

*Presented by Dr. Marc Halpern*



Dr. Marc Halpern, D.C., C.A.S., P.K.S., is the founder and president of the California College of Ayurveda. He is one of the pioneers of Ayurveda in the West and is one of the few Westerners ever recognized in both the United States and in India as an authority on the subject of Ayurveda and was awarded the All India Award for Best Ayurvedic Physician. A pillar in the development of the profession in the US, he is the co-founder of the National Ayurvedic Medical Association for which he served as Chairman of the National Committee on Ayurvedic Education from its inception in 2000 until 2005. He is also a co-founder of the California Association of Ayurvedic Medicine.

**Ayurveda is the most ancient medical and health care system**

This lecture will give you a clear picture of the essence of Ayurveda. You will have the opportunity to see why many people, even in the Central Valley, are including Ayurvedic principles in their lifestyle to help improve their health.



**Saturday, Oct. 24, 2009, 4-6 pm**  
**California State University Fresno**  
**Alice Peters Auditorium, University Business Center**  
**Craig School of Business**

5245 North Backer Avenue  
Fresno, CA 93740  
Free admission / Free parking

**\*CSUF Co-Sponsors:**

- College of Health and Human Services, CSUF
- 1) Dept. of Public Health (Health Training Academy)
  - 2) Dept. of Social Work Education
  - 3) Central Valley Health Policy Institute

**Community Co-Sponsors:**

Monika Joshi, CAS (AyurvedaInsight.com)  
Fresno Women's Medical Group  
Wellness Connections ❖  
Siva Voora, M.D.  
Daniel Blodgett, M.D.  
Perfect Balance Yoga  
Veda Publishing  
Sylvia Gunaratna Disney, CMT  
Coil Yoga  
Yoga 4 Living

**For more information, contact Dr. Su Kapoor, Professor Emeritus @ 559-435-2212 or  
Monika Joshi (www.AyurvedaInsight.com) @ 559-355-0743**